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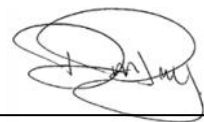
# Intern Newsletter

## WORD FROM MANAGEMENT

Many of you will have finished your first few weeks of your internship by now. This is a great success since you have managed to use new machines or computer programs, you have absorbed a certain company culture and found your place in a team of professionals. The next step is to become pro-active and think about how you can contribute to your host organisation. All of you have fresh minds and come from a brilliant educational background—so use your knowledge and apply it to the “real” world!

Those of you who are already in the middle or at the end of your internships—keep up the good work and enjoy your Australian Internships experience!

Warmest wishes from all at AI,



Diana Pilling—Managing Director



## STAFF CORNER — ANIA CIESLA

Name: Ania Ciesla  
Role: Marketing Executive

*Ania is part of the Marketing Team at Australian Internships, but also has a high involvement in the Program Admissions process. Originally from Poland, she is fluent in both Polish and English. Ania has a strong and extensive business background, with a BA in Business English, Advanced Certificate in Public Relations and 10 years of experience in the International Education industry.*



### How would you describe your work and what do you like most?

Australian Internships is a wonderful company to work for and the International Education & Travel industry is a passion of mine, so I am always giving it 100%. Being part of the Marketing Team makes my job very diverse and interesting. On a daily basis I deal with international students, educational partners and universities from around the world. It is great to be able to do business with people from different time zones, cultures and to speak different languages – all in one day.

The most satisfying part of my job is knowing that I help interns achieve their dreams and career goals. An internship overseas (especially in such a beautiful country as Australia) is an experience & adventure of a lifetime and I am proud to be involved in the process.

### Your message to the interns?

I lived in London for a while and my journey there started from an internship... I had the best time of my life, it changes you! I learnt so much – professionally and personally. I met the most amazing people from all over the world and made so many friends. I learnt heaps about different cultures, lifestyles and matured a lot too! An internship overseas is the best start to your career and a great confidence boost. Remember to always give it your all; Be open, enthusiastic, don't be afraid to ask questions and try to be part of a team as much as possible. Make the most of your internship in every sense. Immerse yourself not only in a workplace but also outside – try everything that Australia has to offer.

Stay safe, work hard and enjoy everything you do.  
Good luck with your internships!

## DONATIONS FOR HAITI — THE INTERNATIONAL COMMITTEE OF THE RED CROSS



Following the devastating earthquake in Haiti, the WYSE Travel Confederation community has pledged to make a meaningful contribution to the plight of the Haitian people. Humanitarian aid and donations from the international community are urgently needed to help survivors during the immediate aftermath of this terrible disaster.

If you would like to donate, please click on the icon on the left. This icon links to the International Red Cross which accepts donations from countries around the world and is always the first organisation to arrive on the ground in providing international support.

## TEAM WORKING ETIQUETTE

**Meet people properly.** It all starts with the introduction. Make sure you know how to pronounce everyone's names.

**Let everyone talk.** Even if you think what they're saying is stupid. Cutting someone off is rude, and not worth whatever small time gain you might make. Don't finish someone's sentences for him or her; they can do it for themselves. And remember: talking louder or faster doesn't make your idea any better.

**Praise each other.** Find something nice to say, even if it's a stretch. Even the worst of ideas has a silver lining inside it, if you just look hard enough. Focus on the good, praise it, and then raise any objections or concerns you have about the rest of it.

**Put it in writing.** Always write down who is responsible for what, by when. Be concrete. Arrange meetings by email, and establish accountability. Never assume that someone's roommate will deliver a phone message. Also, remember that "politics is when you have more than 2 people" – with that in mind, always CC (carbon copy) any piece of email within the group. This rule should never be violated; don't try to guess what your group mates might or might not want to hear about.

**Be open and honest.** Talk with your team members if there's a problem, and talk with your supervisor if you think you need help. It can be challenging to work across cultures. If everybody goes into it knowing that's an issue, everybody should be comfortable discussing problems when they arise. Be forgiving when people make mistakes, but don't be afraid to raise the issues when they come up.

**Try to avoid conflict.** When stress occurs and tempers flare, take a short break. Clear your heads, apologize, and take another stab at it. Apologize for upsetting your peers, even if you think someone else was primarily at fault; the goal is to work together, not start a legal battle over whose transgressions were worse. It takes two to have an argument, so be the peacemaker.

**Phrase alternatives as questions.** Instead of "I think we should do A, not B," try "What if we did A, instead of B?" That allows people to offer comments, rather than defend one choice.



## WHAT'S ON



### CHINESE NEW YEAR—The year of the TIGER

**When:** 12-14 February 2010  
**Where:** All major cities

Most cities will have special Chinese New Years celebrations on. China town in Brisbane, Sydney and Melbourne will be buzzing with lion dances, street parades, music, singing and food!

#### Chinese New Year Traditions for Good Luck:

- Don't wash your hair
- Don't sweep the floor – put away all brooms and brushes
- Don't drop your chopsticks (read: don't drop your bundle!!)
- Don't borrow or lend money at this time
- Open all your windows in your home at midnight and let go of the old year
- Pay respect to ancestors because they are responsible for the fortunes of future generations.
- Pay all your debts
- Resolve differences with family members, friends, neighbours and business associates
- Think of the changes you want to make

**Say “GUNG HEY FAT CHOY “ to your colleagues, friends and prosperity this means “Wishing you prosperity and wealth”**

**Sydney:** <http://www.cityofsydney.nsw.gov.au/cny/>  
**Brisbane:** <http://www.ourbrisbane.com/whats-on/chinese-new-year-feature>  
**Melbourne:** [http://www.onlymelbourne.com.au/melbourne\\_details.php?id=5912](http://www.onlymelbourne.com.au/melbourne_details.php?id=5912)



### VALENTINES DAY

**When:** 14 February 2010  
**Where:** Everywhere!

Valentine's Day or Saint Valentine's Day is a holiday celebrated on February 14 by many people throughout the world. In the West, it is the traditional day on which lovers express their love for each other by sending Valentine's cards, presenting flowers, or offering confectionery. The holiday is named after two among the numerous Early Christian martyrs named Valentine.

We know of course that you might be far far away from your loved ones at the moment—but maybe send a card or flowers (google international online florists!) and make it a very special Valentines Day 2010!

To all the singles out there—ring some friends and organise a get-together or plan something special for this weekend!

#### How to say “I LOVE YOU” in:

**Dutch:** Ik hou van jou

**French:** Je t'aime

**Cantonese:** Moi oi y neya

**German:** Ich liebe Dich

**Greek:** s'ayapo

**Indonesian:** Saya cinta padamu

**Italian:** ti amo

**Japanese:** Aishiteru

**Polish:** Kocham Cie

**Portuguese:** Eu te amo

**Russian:** Ya liubliu tebya

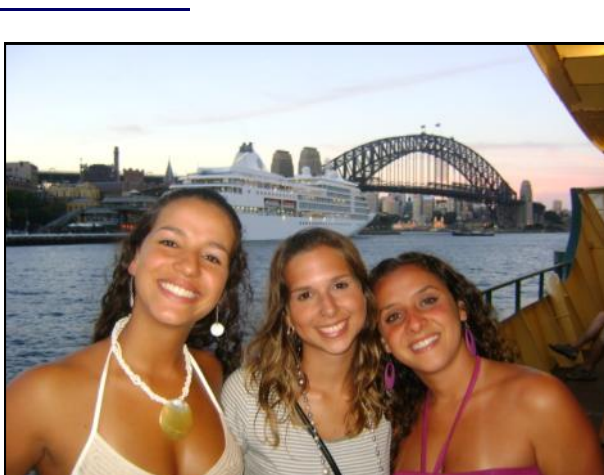
**Spanish:** Te amo

**Thai:** Khao Raak Thoe

## INTERN PHOTOS



Sarah Moussa from Germany during her internship in animal care.



Film Production intern Ana Cecilia Carvalho from Brazil (on the left) is enjoying a day out with her friends in Sydney.



Two of our Brisbane interns having Pizza at Park Road in Milton.

If you have some great photos which you would like to share with us—please email them to: [julia@internships.com.au](mailto:julia@internships.com.au)

